

Location	Time	Duration	Session given by	Activity Name	Type	Description	Ages
Fluffer Lounge (lower lounge)	14:00	45 minutes	Isadora Wronski	System Change	talk	System Change! A talk about the urgent big problems and their solutions - how we secure thriving future for all on the planet! A talk by Isadora Wronski, International Project Leader at Greenpeace, founder/co-creator of the Borderland, former Regional Contact for Burning Man in Sweden	All ages
	15:00	45 minutes	Claire Mcallen	Dealing with stress	workshop	Claire's workshop talks about stress and how it is a normal body reaction to help you deal with life. It will be especially suitable for young adults to learn how their body works and how it can protect them.	All ages
	16:00	45 minutes	Jamie Jayakody (Brad Jayakody's son)	Rap and rhyme session	Music	13 year old Jamie will give a workshop on Rap with a particular focus on rhyme schemes. He will teach everyone how to rap with the best of them, and if they are good enough he will rap battle them.	All ages
	17:00	45 minutes	Michael Kossew	True Storytelling		True-storytelling: a space where people can share true stories from their lives about their experiences at Burning Man and other related events. Running along the theme of 'Transformation', people are requested to share their story with the people at Daycom. Michael will share a story or two himself and will work with anyone who wants to share their story before the session for 30 mins to give them some live storytelling tips. Create connections and share experiences in a safe and friendly space.	All ages
	18:00	45 minutes	Bruna Giribaldi Cunha	Psychedelics as Treatment for Depression	talk	Bruna has been part of the Imperial College London Psychedelic Research Group for over 3 years and is currently coordinating the upcoming clinical trial on using psilocybin (main active ingredient in magic mushrooms) as treatment for major depression.	16+
Fluffer Lounge (upper alcove)	14:00	45 minutes	Erin Healy	Volunteering at Nowhere	talk	Described as a 'festival', an 'arts event' and 'a Burning Man regional', Nowhere is the culmination of the music, languages, art, outfits, workshops, words, parties and people of a diverse, international community. Erin is part of the core Nowhere team and will be talking about volunteering at Nowhere.	All ages
	15:00	45 minutes	Lee Sillitoe	Indian Head Massage	workshop	An Indian Head Massage Workshop where participants can learn how to give head massage treatments	18+
	16:00	45 minutes	Roy Graff	LNT in the broader context of global warming an pollution	talk	Leave No Trace (LNT) is one of the core principles of Burning Man and is a principle that could help future generations thrive with the precious limited resources that we have on earth. Roy will be exploring how LNT can be applied to build a greener future for us all.	
	17:00	45 minutes	Roy Graff	Consent and BM	talk	Roy will be exploring how consent can be applied to the 10 burning man principles.	16+
	18:00	45 minutes	TBC	Nest community meet	talk	Burning Nest is the UK's regional burning man event which is hosted in the lush fields of a private estate and hosts a plethora of workshops and activities. The Burning Nest community leads will be meeting and discussing plans for next year.	
Into The Woods (Chill space)	14:00	All day	Christine Doyle	Craft Den	workshop	Christine will be providing craft materials and giving assistance throughout the day for people to make bunting, mobiles, pennants, paper, fabric, card, pastels. Age and ability inclusive activities.	All ages
	15:00	120 minutes	Joe Mela	Close-up magic	other	Joe Mela will be performing close-up magic and bringing his magical wonderment for all to enjoy in our chill space	All ages
	15:00	120 minutes	TBC	Shibari workshop	workshop	An immersive experience and workshop of Japanese ropework. Participants will be able to learn and experience restriction with rope and enjoy the deeply meditative state that Shibari facilitates. Rope will be provided for participants.	18+

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	17:00	90 minutes	Abbey Wesson	Connection through play and improvisation	workshop	Connect to yourself and to others, via playing a wide range of super fun physical and verbal games. Abbey's workshop blends the disciplines of physical theatre, authentic relating and improvised comedy in a fun 90 minute bundle. The workshop will help you become deeply focused on the present moment, connect and listen deeply to others, and become more comfortable with improvising interactions on the spot. All ages welcome, no experience required.	12+
Outside area	14:00	All day	Orna Salinger	Give&Take free swap	other	Swap events are a great opportunity to get rid of some clutter, find exciting new treasures and, in the process, make new friends and promote recycling, sustainability and waste reduction! Bring what you like, take what you want. Everything is completely free. Leftover items are donated to charity. Donations must be in good condition and could be anything- clothes, books, toys, brick-a-brack, small electricals. No food or opened cosmetics.	All ages
	15:00	60 minutes	Ben Gross	Funky tunes and dancing	Music	Funky tunes and dancing	All ages
	14:00	All day	Joel Hamilton	Burner networking	Other	A platform to connect with the many talented, creative, diverse and interesting people in the burner community. Joel will be facilitating connections throughout the day. Leave a note on the networking board explaining who you are and the projects you would like to find collaborators for and connect up with people at Daycom to explore how your project can manifest. A space to make amazing things happen.	All ages
	14:00	120 minutes	Jamie Moore	Circus Playspace	workshop	Jamie will be bringing along lots of mixed circus equipment such as juggling balls and hula hoops for all to learn and develop their circus skills	All ages
	TBC	45 minutes	Deirdre Morrissey	Storytelling from the heart	workshop	How to engage listeners in your story; speaking from the heart with meaning. In an age of smart phone addiction, wouldn't it be nice to learn how to keep others attention by sharing a decent story ?	All ages
	TBC	45 minutes	Andrew Maitland Southern	Body massage relaxation session	workshop	Small groups doing gentle massage through clothes	All ages